

Physical Therapy within the ICU: Lines, Tubes and Machines, Oh My!

CRM CEU Series

Wendy Forman, PT, DPT

July 17, 2014

5:30 PM – 7:30 PM

Emory University, School of Medicine, Lecture Hall 110

2.0 Continuing Education Hours (.2 CEU)

Course Description and Objectives

The purpose of this 2-hour course is to increase the physical therapists basic understanding of how to care for the critically ill patient and of how to implement a mobility program that safely and effectively addresses the unique needs of this medically fragile population. Instruction will include a review of typical ICU equipment and its management in relation to the patient, as well as how to monitor patient progress and response to care. Additionally, mobility session exclusion and termination criteria developed in response to evidence-based medicine will be discussed. Lastly, we will review current literature findings within this patient population and will describe the preliminary findings regarding implementation of a dedicated multidisciplinary team in the ICU at a community hospital.

Upon completion of this course, participants will be able to:

1. Describe ICU equipment, its purpose, and how to safely monitor a patient who is critically ill.
2. Understand exclusion and termination criteria for mobility sessions
3. Apply clinical judgment and reasoning skills to assess risk versus benefit for individual patients
4. Describe the importance of early mobility in the ICU as it relates to the ABCDE bundle.
5. Summarize recent research findings as it pertains to early mobility programs and functional mobility within patients who are critically ill

Instructor Biography



Wendy Forman, PT, DPT

Dr. Gwendolyn Forman received her BS in Physical Therapy from The Ohio State University and her DPT from the University of Montana. The first 9 years of her practice were spent working with outpatient orthopedic patients in a private practice setting; however during a period of contract work within acute

care, she discovered that she enjoyed working with critically ill and medically complex patients. In 2006, she began her career at Wellstar Kennestone Hospital and dove headlong into researching treatment ideas and mobility solutions for patients within an ICU setting. She is currently the early mobility project leader at Kennestone and for the past 2 years, she has been “leading a multidisciplinary task force that has developed and implemented an early mobility program in the ICUs at Kennestone Hospital. I, along with a critical care nurse and a mobility tech, mobilize critically ill patients both on and off ventilators. We get people up and even walking on life support in the effort to minimize the physical and emotional effects of critical illness, to improve patient outcomes and reduce length-of-stay costs to the system.” Wendy takes pride in the extra efforts that her team puts forth, finding creative ways to motivate and push their patients, “Balloons, magazines, cards and even a banana milkshake for one lady that craved it the entire time she was on the ventilator. I think knowing that we promised her one may have made a bit of a difference in her pushing herself just a little bit further each session when she was tired.”

Dr. Forman has co-authored 2 articles on the functional training and early mobility of critically ill patients, both of which were developed from the findings of research projects funded and implemented at Wellstar Kennestone Hospital. Additionally, she currently participates in several internal committees that work to make policy changes on both a departmental and system-wide level to improve patient care delivery for patients within the ICU. Wendy’s efforts have lead to national recognition, and in 2012 she was named by Johns Hopkins University Medicine as Georgia’s representative for developing ICU Early Mobility programs for the ICU Recovery Network.

Wendy has two daughters and lives in Kennesaw, Georgia. She may be contacted at gwendolyn.forman@wellstar.org

Course Schedule

Thursday, July 17, 2014

5:15 PM – 5:30 PM

Registration

**Please bring your own dinner*

5:30 PM – 7:20 PM

Lecture: Physical Therapy within the ICU: Lines, Tubes and Machines, Oh My!

7:20 PM – 7:30 PM

Questions & Answer Session

Conclusion

Completion of Course Evaluation forms and Post-test

Registration and Payment

Register Now!

<http://www.rehabmed.emory.edu/pt/ce/courses.shtml>

In order to assure your security, our registration and payment systems are kept separate. In your email registration confirmation, you will receive detailed payment instructions. *Cash or check* payment may be received in advance or at the door. Checks should be payable to "Emory University."

Current or Recent Emory PT Clinical Instructor (2009-2014): FREE

Current CCCE: FREE

Current Emory Employee: FREE

Unaffiliated Therapist: \$25.00*

Registration closes on Monday, July 14, 2014

